

SHIFT

Pitch'n Praise 2018 Workshops

Saturday 2PM	<p>Nail and String Art - The Studio Come bring out your creative side with nail & string art as we construct an image onto a plaque of wood. Max. 18 people</p>
	<p>Zach Havens Worship Workshop - The Rowdy Room Zach Havens fronted his band <i>To Tell</i> from 2009-2014. After years of touring and performance, in 2014 Zach ended the band to focus on teaching, songwriting, and his family. He is a worship leaders and music teacher based in London, Ontario.</p>
	<p>Do something: Navigating Global Brokenness - The Cafe Racism. Poverty. Hunger. Violence. It can be so hard to navigate our way in a world that is so broken – let alone do anything to change it. In this workshop, we will discover some of what God has packed into us so that we can clarify a way forward in this crazy world we live in. You will leave this workshop with some practical ways that you can do something to actually help impact the world.</p>
Saturday 4PM	<p>Gears, Grease & God - The Rowdy Room A chance to get your hands dirty. Learn how to tune up your bike with an experienced bike mechanic, in a fun, hands on way.</p>
	<p>Make a Japanese Coaster - The Small Top Assemble a coaster made using the Japanese woodworking style called kumiko.</p>
	<p>That's Sew Sunnies - The Studio Look super cool with DIY sunglasses that will be fun to make and fun to show off to your friends! Max 15 people</p>
	<p>The Poetic and Prophetic Imagination - The Cafe Come and join Australian Poet Joel McKerrow as he explores the creative process behind his poetry. Learn how you can tap into the poetic side of your soul. This workshop is for anyone wanting to creatively speak to the world around you.</p>
	<p>Prayer Walk - The Upper Room Come join the prayer team for a prayer walk and learn how to pray for the event and others at pitch. You will learn practical, innovative, and powerful ways to pray for others.</p>
Sunday 2PM	<p>How to DJ - The Cafe Come and learn the art of DJing with our resident DJ Galactus Jack. Learn how to use the equipment, mix tracks, and how to hype the audience - all the skills that make a party go off with a bang!</p>
	<p>Engaging Popular Music - The Rowdy Room Songs found within all of popular music can be a helpful way to learn more about God, ourselves, and the world around us. Songs can also have negative impacts on our thoughts, emotions and behaviours. Christians have several choices on how to respond to popular music. Through his interactive presentation, Micah encourages participants to think critically, and ask questions about the music itself as well as their own listening habits.</p>
	<p>Marbled mugs - The Studio Create your own unique marbled mug using nail polish to enjoy while sipping tea. Max. 18 people</p>
	<p>Refit Class - Dining Hall A dance fitness class that changes people from the inside out, by focusing on the heart as a muscle AND a soul. People don't have to get fit in order to be fit at REFIT® –our workouts are designed for every body regardless of age, shape, size or ability.</p>
	<p>Danny Ray Illusionist - Theatre Danny Ray left his job as a youth pastor, benefits, and a consistent paycheque in order to start his dream job of being a magician! Since stepping out in 2003 he's lived out his passion empowering people to “run a better race” in life by making people laugh, and blowing their minds with unique illusions.</p>
	<p>Art and Beauty, Justice, Relationship- The Studio Join artist Kevin Coghill for a workshop that explores how Jesus uses our brokenness and create art that reflects Beauty, Justice, and Relationship</p>
Sunday 4PM	<p>Darkest Nights & Living Lights - The Cafe Join Mark Stromenberg as he shares his story of hope in depression, anxiety, and suicide.</p>
	<p>Prayer Walk- The Upper Room Come join the prayer team for a prayer walk and learn how to pray for the event and others at pitch. You will learn practical, innovative, and powerful ways to pray for others.</p>
	<p>The Mirror of Popular Music - The Rowdy Room This presentation will explore how popular music can be a catalyst for youth to engage in challenging conversations such as gender-based violence, race, and mental health. Participants will walk away with a greater understanding of the connection of popular music to cultural issues as well as tools to continue valuable conversations in their churches, families, and youth groups.</p>